



## 2023-24 Community Safety and Well-being Early Intervention and Intervention Grant Recipients

Edmonton

Early Intervention Stream			
CSWB Pillar	Name of Organization	Project & Description	Funding Amount
Well-being	Cornerstone Counselling Society of Edmonton	<p><b>Navigating Your Way through Stress:</b></p> <p>Navigating Your Way Through Stress is for adult individuals seeking support in coping with stress, facilitated by a Registered Psychologist, Registered Provisional Psychologist, Canadian Certified Counsellor, or Registered Therapeutic Counsellor. Participants will learn how to restructure their priorities, live within their "Circle of Control", set and communicate healthy boundaries, access support resources, implement emotional regulation skills, and practice self-compassion, self-care, mindfulness, and gratitude. Participants will experience a greater sense of self, body, and spirit, while engaging in human development and community building.</p>	\$45,100
Well-being	Council for the Advancement of African Canadians in Alberta (Africa Centre)	<p><b>Pathway to Better Mental Health and Wellbeing for African Descent Canadians:</b></p> <p>This project is designed to serve a diverse range of individuals within the Edmonton community, with a specific emphasis on providing culturally responsive care for African, Black, and Caribbean demographics. The program is open to all community members seeking mental health support for anxiety, depression, grief/loss, burnout and more.</p>	\$264,209
Safe and Inclusive Spaces	Maskwa Medicine	<p><b>Niya Oma Niya (I am who I am):</b></p> <p>This program is designed to proactively address issues at their nascent stage, aiming to prevent the escalation of concerns before they necessitate more intensive support measures. The program acknowledges the importance of understanding past behaviours and encourages participants to take responsibility for their actions. The project, overseen by a Two-Spirit Circle Keeper, is an inclusive initiative targeting a wide array of community members within Edmonton. Its core mission is to deepen individual self-awareness and communal bonds, ultimately leading to a more empathetic and cohesive society.</p>	\$143,324
Crime Prevention and Crisis Intervention	Organization for the Prevention of Violence	<p><b>Youth Vulnerability Reduction Protocol:</b></p> <p>This project is dedicated to serving Indigenous, Black, and youth vulnerable to hate-motivated violence, who often face</p>	\$150,043

		<p>unique challenges due to marginalization. The approach is culturally-safe, trauma-informed, and historically-sensitive, ensuring that interventions are specifically tailored to the youths needs and contexts. Specialized training will be provided for on-site human service professionals and caseworkers that will focus on multi-sector collaboration, early vulnerability detection, displacement techniques, and low-threshold reporting.</p>	
Safe and Inclusive Spaces	Sign of Hope Society (Catholic Social Services)	<p>Creating Safe Spaces for High Risk Youth and Newcomer Youth:</p> <p>Catholic Social Services' two service areas of Immigration and Settlement Services (ISS) and Children, Family and Community Services (CFCS) will work together to provide opportunities to increase protective factors to all youth (inclusive to age 30). The aim is to create safe spaces for high risk youth where we will increase their knowledge about the risk of being unhoused and human trafficked. The project will engage with Immigrant Youth and High Risk Youth through positive activities where they can express themselves through "Creativity Workshops" and the "Art Walk". This project is designed to benefit Indigenous and multicultural youth, as well as youth who identify with the 2SLBTGQ+ communities, and expand to reach newcomer and immigrant youth.</p>	\$378,000
Safe and Inclusive Spaces	Skills Society - Supporting the Citizenship of People with Disabilities	<p>Community Animator Pilot:</p> <p>The Community Animator Pilot project aims to serve residents of Edgemont Flats Apartments, with a particular focus on individuals with disabilities. This includes children and adults facing diverse challenges, fostering a sense of belonging and community within this multi-unit residential setting. Expected outcomes include: enhanced community inclusion; residents, especially those with disabilities, will experience a heightened sense of belonging within the community and an increased sense of pride in their homes and community, leading to less apartment turnover and increased tenant satisfaction.</p>	\$68,800
Crime Prevention and Crisis Intervention	Young Men's Christian Association of Edmonton (YMCA)	<p>Youth Diversion:</p> <p>Youth Diversion involves the collaboration of YMCA of Northern Alberta (YNAB), Boys and Girls Clubs Big Brothers Big Sisters of Edmonton &amp; Area, and the Edmonton Police Service's (EPS) DIVERSIONfirst Unit. DIVERSIONfirst utilizes restorative justice principles that connects youth between the ages of 12-17, first-time non-violent offenders, to community organizations and family supports that offer services dedicated to mentoring and improving the lives of youth to help them build a foundation for a positive future away from crime, reducing the likelihood of reoffending. Expected program outcomes include: divert youth away from the criminal justice system and into positive supports that address their identified needs, support youth and their family/natural supports through the identification of barriers</p>	\$99,935

and guidance to resources, and support the development of a positive view of police through relationships.

### Intervention Stream

CSWB Pillar	Name of Organization	Project & Description	Funding Amount
Crime Prevention and Crisis Intervention	ASSIST Community Services Centre	<p>Enhancing Safety &amp; Well-being Program:</p> <p>ASSIST's Enhancing Safety &amp; Well-being Program is committed to providing personalized and outreach support and empowerment for newcomers impacted by domestic violence, racism, discrimination and/or hate crimes within the community. The program will help victims access needed resources and support, report incidents to the police, navigate the family justice system, and engage in other legal processes with cultural sensitivity. There will be a strong emphasis on incorporating trauma-informed practices, promoting equity, and fostering inclusivity.</p>	\$192,481
Well-being	Dickinsfield Amity House	<p>Peer Connections for Independent Living:</p> <p>This project would serve low-income residents in the Dickinsfield neighbourhood, as well as residents in O-day'min Village operated by Civida in the downtown core. Many neighbourhood residents live below the poverty line and are socially isolated. Many are also newcomers or of Indigenous origin, and may have a history of homelessness and are at risk of poor outcomes. A significant portion are single parents, and often single mothers. Many struggle with mental health and/or addiction challenges. Utilizing a peer support model, identified residents will be matched with a Peer Support Worker. The service relationship between a Peer Support Worker and a resident can be as brief as one interaction or can last for three months and sometimes more for project participants with more complex challenges.</p>	\$244,600
Crime Prevention and Crisis Intervention	Edmonton John Howard Society	<p>Community Reintegration Program:</p> <p>Edmonton John Howard Society will employ two Reintegration Specialists to work with individuals who choose Edmonton as their home after release from a correctional center or recent justice involvement and who require community supports. They will employ intensive case management and wraparound supports to provide release planning, transitional housing, employment, substance recovery and cultural supports.</p>	\$244,375
Pathways in and out of poverty	Free Play for Kids	<p>Game Changers: Empowering Communities Through Inclusive Recreation:</p>	\$207,145

		<p>The project targets unemployed individuals (ages 18-35), prioritizing equity and inclusion for those facing systemic barriers like limited education, economic disadvantages, systemic racism, and historical trauma. Diverse cultural, ethnic, and socioeconomic identities are embraced, aiming to break the cycle of underemployment and poverty while considering the family unit's well-being. Expected outcomes for participants include delivering diverse training, organizing inclusive programs, providing employment pathways, and fostering community engagement.</p>	
Pathways in and out of poverty	George Spady Centre Society	<p>Empowering Recovery on the Margins of the Margin: Supporting Comprehensive Wrap-Around Supports for the Post-Detoxification Journey:</p> <p>Our new Medically Supported Detox unit will be a 41-bed sanctuary for individuals seeking recovery from substance misuse (e.g., opioids, methamphetamines, and alcohol). Over 80% of individuals who use Medically Supported Detox are houseless; lacking a safe place to transfer while waiting for health and recovery services after detoxification. Funding for this program will go directly towards housing, supporting, and caring for these community members. A dedicated team of medical professionals and support workers will also continue to provide tailored care, ensuring that every individual's unique journey is recognised and empowered.</p>	\$95,200
Crime Prevention and Crisis Intervention	Métis Nation of Alberta Association	<p>Ka^ kiskanotaten - "I will lead you":</p> <p>This program will offer intake services to assess the immediate needs of Métis individuals seeking mental health support. The program is intended to assist and support Métis individuals who are seeking a confirmed diagnosis, to become stabilized, who want to feel supported and have access to culturally sensitive mental health supports. Case Managers will be assigned to program participants to explore long term goals to minimize an individual's risk of becoming criminalized. Data and program outcomes would be captured and reflected in the organization's annual report.</p>	\$340,665
Safe and Inclusive Spaces	Ribbon Rouge	<p>Creating inclusive spaces for vulnerable Black people: A curriculum for service providers:</p> <p>The goal of the program is to improve supports and interventions that positively impact the mental health and well-being of Black 2SLGBTQ+ communities through a training course to increase cultural awareness and encourage cultural humility. Expected outcomes include: positive impact and improved wellness for highly vulnerable African, Caribbean, and Black (ACB) populations accessing organizations involved, improved cultural awareness and humility of service providers involved, improved</p>	\$198,700

		organizational ability to address racism and discrimination through a training and education model with staff that is anti-racist and culturally responsive.	
Well-being	Sexual Assault Centre of Edmonton	<p>Elements Group:</p> <p>Elements Group is focused on providing psychoeducation, support, and intervention to manage the impacts of trauma through a non-Westernized way of healing to adult (ages 18+) people of colour of all genders. The group will run monthly, with five rotating topics: Grief, Relationships, Managing Emotions, Family Influence, and Identity. Each session will be two hours in duration and will include psychoeducation, facilitated discussion and activities, and practice of skills that support emotional regulation. Expected outcomes include increased connection and support, greater awareness of trauma and its impacts, and improved ability to manage trauma impacts.</p>	\$36,000
Well-being	Spina Bifida and Hydrocephalus Association of Northern Alberta	<p>Health Transitions Navigator:</p> <p>The Health Transitions Navigator program aims to facilitate a smooth and comprehensive health transition process for individuals with Spina Bifida and/or Hydrocephalus as they transition from pediatric to adult care in the healthcare settings, ensuring continuity of care, promoting independence, and enhancing overall well-being. This transition is crucial, especially for those with chronic conditions or specific healthcare needs.</p>	\$25,000
Well-being	Terra Centre for Teen Parents	<p>Terra Mental Health Supports for Teen Parents:</p> <p>Through this program, teen parents have access to enhanced mental health supports that strengthens their coping with mental health disorders, emotional disturbances, adjustment problems, which contribute to parenting challenges. Through one-to-one, couples, and group sessions with teen parents, the mental health therapist works to: break the cycle of intergenerational trauma; reinforce the parent-child attachment; educate parents about emotional co-regulation with their child; promote the importance of the co-parenting relationship; and help the teen parent recognize signs of stress and overwhelm in their child.</p>	\$179,412
Crime Prevention and Crisis Intervention	YOUCAN Youth Services	<p>Relentless Youth Outreach:</p> <p>The Relentless Youth Outreach Program is developed in partnership with the Edmonton Police Service (EPS) that effectively addresses the unique needs of the highest-risk young people (EPS Y:Five-O list) in Edmonton. The program offers a non-traditional approach of relentless outreach, diversion from the traditional justice system, and customized</p>	\$78,485

		individual interventions to reduce criminal activity and victimization impacting youth and our community. YOUCAN Youth Services works to create positive relational opportunities through outreach that supports high-risk youth to live out of harm's way.	
Well-being	YWCA Edmonton	<p>YWCA Edmonton Group Counselling Services:</p> <p>YWCA Edmonton Group Counselling Services aims to expand from individual to group counselling programs. The two programs, Towards Healing and Towards Wellness, will offer tailored support beyond individual counselling. Group Counselling Services provide an opportunity to support more clients, translating into more client service hours compared to individual counselling. Participants also benefit from an in-built network of community and support. Unique to YWCA Edmonton Counselling Services, group participants can transition directly into individual counselling upon completing Towards Wellness or access group support while concurrently attending individual counselling.</p>	\$45,097